



# Cass Jr High Lunch Menu

2022

**2**

Corndog ▲  
Cheese Pizza +  
Turkey & Cheese Sub

Baked Beans  
Celery Sticks

Watermelon Craisins  
Orange  
100% Fruit Juice

**3**

Cheeseburger  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Mashed Potatoes  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit

**4**

Confetti Pancakes  
C.Sausage Patties ▲  
Cheese Pizza +  
Turkey & Cheese Sub

Baked Beans  
Celery Sticks

Watermelon Craisins  
Orange  
100% Fruit Juice

**5**

Chicken Nuggets w/ Pretzel  
Rod  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Grape Tomatoes  
Fresh Broccoli Florets

Strawberry Craisins  
Orange

**6**

Bosco Sticks w/  
Pizza Dipping Sauce +  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Sweet Golden Corn  
Grape Tomatoes

Diced Fruit  
Orange

**9**

Blueberry Waffles  
C.Sausage Patties ▲  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Grape Tomatoes  
Fresh Broccoli Florets

Strawberry Craisins  
Orange  
100% Apple Juice

**10**

Chicken Patty  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Mashed Potatoes  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit

**11**

Italian Cheesy Pull Aparts +  
Cheese Pizza +  
Turkey & Cheese Sub

Baked Beans  
Celery Sticks

Watermelon Craisins  
Orange  
100% Fruit Juice

**12**

BBQ Pork Riblet Sandwich  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Side Salad  
Seasoned Green Beans  
Baby Carrots

Apple  
Banana

**13**

**Early  
Release**

**16**

Minni Cinni Roll  
C.Sausage Patties ▲  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Grape Tomatoes  
Fresh Broccoli Florets

Strawberry Craisins  
Orange  
100% Apple Juice

**17**

Grilled Cheese Melt +  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Mashed Potatoes  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit

**18**

Cheeseburger  
Cheese Pizza +  
Turkey & Cheese Sub

Baked Beans  
Celery Sticks

Watermelon Craisins  
Orange  
100% Fruit Juice

**19**

Confetti Pancakes  
C.Sausage Patties ▲  
Cheese Pizza +  
Turkey & Cheese Sub

Baked Beans  
Celery Sticks

Watermelon Craisins  
Orange  
100% Fruit Juice

**20**

Melt +  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Mashed Potatoes  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit

**23**

Chicken Nuggets w/ Pretzel Rod  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Grape Tomatoes  
Fresh Broccoli Florets

Strawberry Craisins  
Orange  
100% Apple Juice

**24**

Pizza Crunchers +  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Mashed Potatoes  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit

**25**

Corndog ▲  
Cheese Pizza +  
Turkey & Cheese Sub

Baked Beans  
Celery Sticks

Watermelon Craisins  
Orange  
100% Fruit Juice

**26**

Chicken Patty  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Seasoned Green Beans  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit  
100% Fruit Juice

**27**

Grilled Cheese Melt +  
Cheese Pizza +  
Turkey Cheese Sub

Tater Tots  
Sweet Golden Corn  
Grape Tomatoes

Diced Fruit  
Orange

**30**

**No School**

**31**

Cheeseburger  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Mashed Potatoes  
Side Salad  
Baby Carrots

Applesauce  
Diced Fruit

**1**

Confetti Pancakes  
C.Sausage Patties ▲  
Cheese Pizza +  
Turkey & Cheese Sub

Baked Beans  
Celery Sticks

Watermelon Craisins  
Orange  
100% Fruit Juice

**2**

Chicken Nuggets w/ Pretzel Rod  
Cheese Pizza +  
C.Ham & Cheese Sandwich ▲

Seasoned Green Beans  
Side Salad  
Baby Carrots

Apple  
Banana

**3**

**No Lunch  
Half Day**

## Lunch Price

Lunch is free for the 2021-2022 school year

## Available Daily

- Sunbutter & Jelly Sandwich
- Milk Variety

This institution is an equal opportunity provider.

▲ Contains no pork  
+ Vegetarian  
\* Menus subject to change due to product availability

